

# Recovery Through A Healthy Mind & Body



*Celebrating*

Mental  
Health  
*and*  
Asian  
American  
& Pacific  
Islander  
Heritage

Wednesday  
**May 16th, 2012**  
10 am to 1:30 pm

**Presentation**  
begins at  
**10:30 am**

**Long Beach Asian Pacific Islander Family  
Mental Health Center**

*4510 East Pacific Coast Highway, Suite 600  
Long Beach, California 90804  
(562) 346-1100*

- Recovery Stories from API Consumers
- Consumer Awards
- Community Resources
- LBAPI Group Information
- Gallery of Artifacts
- Thrift Shop
- Raffles